

GREATER FORKBEARD, FORKED HAKE

Lat.: *Phycis blennoides*



French: Phycis de fond, mostelle, loche



Spanish: Brotôla de fango/de roca



Norwegian: Skjellbrosme

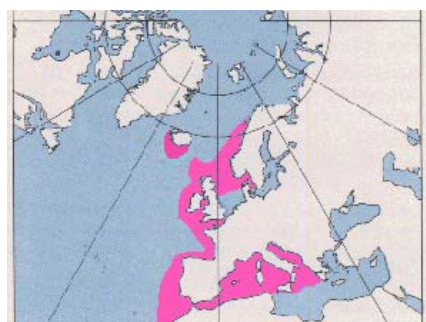


The Fish

- ✧ Caught by longline and trawl at depths from 250 to 1000 m
- ✧ Max length: 100 cm
- ✧ White flesh

Frozen product specifications

- ✧ Skinless fillets, interleaved
- ✧ Headed and gutted



Area of distribution

Nutritional information

Per 100 g raw fillets – approximate

Water	82,7 %
Protein	17,8 %
Salt	0,4 %
Ash	1,0 %



Fillet



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